Screening Case - Annebel Jaarsma

General red flags  
- Trauma (also specific)   
- Change in sensation

There is an indication for physiotherapy.   
I would start with my anamnese to ask about History, specific place and nature of complaint, coping style last 12 weeks, anxiety, other physical complaints. I would also do a general physical exam. It there are any indicators that dont fit in the pattern, I would refer to a GP.

DD: Contusion? Menicus? Ligament? Patellar tendonitis/bursa? fracture? OA flareup?